

KENT PARKS AND REC
WORKOUT SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	ZUMBA Lunch workout 11:40 a.m.—12:25 P.M.		ZUMBA Lunch workout 11:40 a.m.—12:25 P.M.			
	ZUMBA Lunch Workout 12:30 p.m. - 1:15 p.m.		ZUMBA Lunch workout 12:30 p.m. - 1:15 p.m.			
	SILVERSNEAKERS 11:45 a.m. - 12:45 p.m. Kent Rec Center		SILVERSNEAKERS 11:45 a.m. - 12:45 p.m. Kent Rec Center			
						HOOP DANCE 4:00 p.m.
						ZUMBA 5:00 p.m.
		ZUMBA 6:15 p.m.		FUSION 6:15 p.m.		
ZUMBA 7:15 p.m.		FUSION 7:15 p.m.				

MONTHLY PASSES

Zumba
Luncheon workout
\$20.00 2 classes / week

**Classes held at Martial Arts Ohio
(The old Rite Aid Building in
University Plaza) unless other-
wise noted in the calendar**

Zumba and Hoop Dance
Evening class cost:
\$20.00 8 classes
\$35.00 Unlimited classes